



*Gaura Krishna*

TO BE OR NOT TO BE  
TO SPEAK OR NOT TO SPEAK  
TO DO OR NOT TO DO

The Chinese sage Lao-Tsu said, among many others, a very deep sentence that only few can really understand, and which is this one:

*“Those who speak know nothing  
Those who know are silent.  
Those who know and speak are impotent.”*

Only those who know are really able to understand this sentence, and others cannot, even if they believe they do.

The one who has gone beyond the mind knows that it is useless trying the mind to understand what is beyond its capacity, and it is useless to tell what is beyond the mind to others who have gone beyond it, since they know the same too.

Those who speak give the proof that they don't know, since, if they knew, they would also know that it is useless to speak. And, as it is useless to speak, those who know and speak are impotent and powerless.

However, Lao-Tsu does not speak of a category of persons, which is those who search. For them, it can be useful to speak, knowing that, in the world, it is like sowing seeds on a road of stones. By chance, in this movement, some seeds will go on the side of the road and will meet some good soil, and those rare seeds will germinate and grow.

Those persons, the searching ones, as a matter of fact, are people who don't speak either. They just want to know. And it is only for them that some sages delivered and deliver teachings or sentences.

Those who speak are people who are prisoners of their own mind, which is nothing else than the ego. What they say is not at all based on their inner experience (which is silent) but on books, heard conferences and others that were absorbed by the mind. This is not 'knowledge' in the deep sense of the word, this is nothing else than 'belief'. It is a mere mental luggage that has no importance and that will only drive the owner in a deeper dependence of his mind (ego) and will make him 'believe' that he knows. This is the trap of the mind, Lucifer who turns against God.

You know the mind, it behaves according to the perceptions it receives. It is why a youth thinks the same way as his parents, believes the same way as his community, etc... until other perceptions come to him and influence its way. People will 'socialize' according to their beliefs, in communities, sects, religions and whatever. As long as the mind is there, as long as one believes, there is no freedom, but slavery of beliefs and this is unconscious.

If you are among those who know, try to speak to such people who just 'believe'. Their ego is so sure that it 'knows' that he will not even listen to you. What will happen is that he will find a kind of concurrence, and he

will retaliate, as if his mind was aggressed. If he was a true seeker, he could learn a lot! But he is not, by nature his ego is full of pride, and he will not listen, it is a waste of time. It is sowing on stones. You are 'impotent', Ego is as hard as stones.

This is the difference between the ego and the true Self, between mind and Consciousness. The writer of these words mainly spoke and wrote on this, as it is the most important point. In this way he explained the symbolism of Ganesha, who, before becoming this God, was just a small boy full of pride with an aggressive behaviour, not hesitating to kill all the good tendencies that were in its owner. To cut the head to become Ganesha, this is the main point. To pass beyond the mind! This is the true beginning of spirituality, this is the second birth, this is the true initiation, word that means: "the beginning of the path". Before this, it is only blahblah. After this, words are powerless. Only music can do.

This world is full of people who don't know but believe they know. It is full of minds full of beliefs. First, see how many people believe in a religion. By religion, I mean: religion of a book, like the Bible, the Koran and the like. One of the characteristics of these religions is that they want to convert... (even Buddhism does!)

Full of pride, when they are just full of beliefs from a book, they think they know and they want to force other people to share what is nothing else than their own mental views that have been put in their mind since long. They are brainwashed but they don't know. Then, you

have all the sects, which is the same, as a religion is nothing but a sect that has met success. All religions and sects believe the same: they are the elects! Sects are innumerable, and we have already spoken of and written on two of them, Jehovah's Witnesses and New Age Movement.

In the same way Bin Laden is sure that what he does is good, according to what has been put in his mind, these people also think that what they do is good, according to what has been put in their minds. Both are just behaving blindly, not aware that they are just slaves of beliefs.

All these are completely trapped by the mind, and really, there is nothing to do. These people have swallowed beliefs they heard and read since they were young and, like unconscious puppets, they speak and behave following the movements of the strings that are their beliefs. They really think that they are 'spiritual' when they are not. Everything in them obeys their beliefs, everything follows the mind. Everything is only mental. They would create 'models', which are nothing but constructs of the mind. Some years ago, for instance, I met some people who said having 'created' a new thing, called 'non-violent communication'. I listened to what he said, I even saw him delivering teachings, and what was 'funny' is that, in his teachings, he made use of a kind of puppet!!!!, not knowing that he was himself a puppet of his own mind. They want to solve some kind of mental problems with the help of the mind! See the contradiction! As if, when somebody came in anger, he would be able to control himself at the same time,

analysing and saying to himself: ‘oh man, stop with this nonsense, and use the rules Mr X gave you! So: a) ...’ This is nonsense, this is a proof that one does not know how the mind works.

You want to solve the problem you have with others? Oh, it is easy! There is even a name: Love. If Love is powerless, then just forget everything, keep silent and go away, because it is a proof that the other is too much prisoner of his own mind and does not search for anything and has no love himself. And, to tell you the truth, when you are with such people of the mind, Love is powerless, so strong it could be. Their ego-mind is so thick that even Love can’t pass through it! They are destroying themselves but they don’t know. It is why the best is to go away, instead of staying there and feeling sadness.

Develop Love, that’s all. However, this Love, you will find only beyond the mind. You have to go there. Then, you will not have two individualities in front of each other, with one entering in concurrence with you because it believes that you are a concurrent when you are not but somebody who loves. Instead of two “I”, you will find only one “us”, instead of concurrence, you will find unity and harmony. Instead of noise, you will find music. Mind is noise, Love is music.

Everything, in most people, is just mental. When they speak of ‘consciousness’, you have to understand ‘mental consciousness’, as they don’t know what Consciousness is. They will speak of oneness, but this oneness they

don't know. They have never experimented. The proof of this is that they speak and speak and speak. They will speak in terms of 'energy', never in terms of 'consciousness'. Energy is something material, and the mind is a son of it. It is why, speaking of spirituality, they are materialistic, which is opposite. For getting true Knowledge, they will never let go away a single object participating in their well-being. They are absolutely trapped, prisoners. Now, they even make money with so-called spirituality, see!

When you know, you don't speak. You speak only when somebody comes to you and asks a question with a completely open mind. Then, you know that the seed you will put in it will reach the deep being. If not, it is useless to speak, even if you know the person and even if you love her. You will not speak to her, knowing that it is useless. You are just a witness of her mind and its movements, of the quick changes that come in it. Like the small boy before Shiva cuts his head, this person will destroy everything, even what is wonderful (see how well the sages knew how the mind behaves, to have created such a symbol! See how true it is in this life!). This person will even destroy her own happiness. All this hurts you but you know that you cannot do anything. This reminds me one sentence a sage told me when I was 21:

*God Himself cannot do anything  
for the one who does not want.*

So, first, Love will pierce in some way and the person will forget her mind for some time and be more herself, she will feel happiness but, as soon as she will be away from the influence of Love, she will come back the same as before, a purely mental one, dry, just following the strings of her mind. Love comes back, she will become herself once again. But her mind will tell her, will push her to leave Love, because the ego-mind does not like love, and once again she is the same as before, a puppet of the ego-mind. So, first, through love, you try to make cracks in her mind, but when you find that it is vain, you know that this person will only begin to understand when problems will come in her life, as they have logically to come and as they will come. This is the way of life; when you follow dharma you don't meet problems; problems come when you transgress dharma, they are named karma and are the forces that re-establish the balance that has been disturbed<sup>1</sup>. One problem will not be enough for this person to understand; only several will do, and sometimes many many are needed. See, it is exactly the fight of the little boy... These problems will make cracks in this ego-mind and this person will begin to see that everything she did was useless and that she passed the time of her life for nothing, that all that she did was just based on beliefs, that, actually, she lied to herself. All that she did did not change anything...

Actually, all that she did was not useless. All these useless actions will drive her to meet these problems that, by beating the ego-mind, will allow the true self to emerge and the person to discover herself. Then,

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<sup>1</sup> See : *The Sanatana Dharma*.



problems will stop. But never before. The best for you is not to speak but to go away. Life will do what it was impossible for you to do through Love, as mind does not understand Love. When there is no Love, nothing is possible. And the words of Lao-Tsu have an echo in those of Paul:

*If I have not Love, I'm just a sounding cymbal*

somebody who speaks for nothing.

Not so long ago, this very year, when accompanying a friend, this writer met some person of this kind, just for some minutes, in the property of the latter. He ate in front of him. For sure he was a nice person. He had founded a kind of a community in his property with his money. This writer quickly knew that he had read a lot of books and that his mind was full of discursive philosophic knowledge. When leaving each other, this man named some general school of Indian thought, as he had learnt that this writer was a kind of 'Hindu'.... So, he had to find some 'label' put in his mind, and to show that 'he knew'..... when there is no label for what is universal. Then he asked the question: "what do you do?" The answer was: "I try to do nothing". Obviously, he did not understand and took it at the first degree. As for him, he believed he was doing a lot!

As long as they don't know, people speak. As long as the ego thinks it knows, it wants to assert itself, and it will do this even through what it believes to be altruistic, when actually it is not. It is just a way to assert one's own ego,

nothing else. See the trap of the mind here also? “I am doing things for others” .... Really? Which things? You are just asserting your ego, that’s all. You want to be known, you want to get fame through what you do, that’s all. So: try to do nothing. It is well-known, you have to bow down to pass the low door that leads to Knowledge and to Yourself.

OK. If you want to do things for others, don’t do any programs, symposiums etc... it is useless. Each one has his own way, his own path of evolution. Why do you want to disturb it? Will you tell the tortoise to behave like a dog? Who has given you the right to tell people: you have to behave this way, to believe this way? Nobody but your ego. What you could do is to have a piece of land in the silent nature. Even if you want to make money and rent some bungalow there, it will be ok, as it will not be unconsciously hypocritical. Have this piece of land for people to come and think in silence within themselves, whatever their beliefs, trying to reach the state of meditation. Don’t do anything else, you would be a false guru, let each one with himself. If one of them suddenly comes into a very deep thirst of Truth, let him leave freely, and some day he will hear, in his heart of hearts, some voice that will drive him to the feet of some true Guru. There, he will learn how to cut his head. You will have been useful in the process, you will have been a link in the Sanatana Dharma, like the squirrel of the Ramayana, you will have done your task.

Remember, you are not here to change the world, nobody can and will do. You are here for the world to change

yourself. I told it so many times: Rama came, Krishna came, Buddha came, Jesus came, Ramakrishna came and so many others came, and the world has not changed. Who do you believe you are to believe that you will do it when so many great sages did not? They were wise enough to know and to tell you: change yourself and the world will change.

Your ego is a big 'I'? Don't worry, the world will send you problems to crack it! Oh, for sure, you will not understand the first time, so thick is your mind! But be sure that problems will come, until a very nice crack is done. Don't worry, you will become a loving one with time, even if you are just an icy stone today. You know, when problems come, the "I" feels so helpless that it turns to the inside and says: "Oh God! God! Help me! Please do this for me!" Yes, in the beginning, the "I" asks God for itself. Funny, isn't it? However it is like this.... However it turns to the God that is inside and no more to itself.... Yes, everybody has his own way to God. First, as soon as the problem is solved, the being will immediately forget the God he was praying so loudly one minute before. However, with time and other problems, the fissure will become larger. You know, it is the "I" that suffers, not the true Self! The "I" suffers, it does not want to disappear. It reacts! It asserts itself even more! But it is its destiny to disappear. When a bigger crack will come, the being will become aware of all that he has destroyed and missed, all the gifts of God he has rejected, becoming aware that he cannot get them back. Then, humility will appear and the time of cutting the head will come.

Then, he will be and will stop to speak and 'to do'.

*7<sup>th</sup> December 2008, morning  
The face hideously swollen by a sting of a  
Mauritian wasp that i disturbed  
yesterday when cleaning outside ...  
Apparently tiny things can have  
terrible effects!*